

May 12, 2020

Good afternoon,

The Timiskaming Health Unit has partnered with the City of Temiskaming Shores and DTSSAB on a campaign to encourage families to go outside and play while still following COVID-19 restrictions.

THU is putting out [Facebook](#) and [Twitter](#) posts this month and to reach as many families as possible, we'd like to invite you to share these posts on your organizational and personal social media as well. The first post was on May 11, with the remaining posts going up on May 13, 15, 18, 20 & 22. As part of this campaign, we are also including a 30 play outside play challenge for families ([French/ English](#)).

Please share this resource with anyone you think would be interested.

Thanks & have a great afternoon,

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